

Disaster Emergency Kit Checklist

When packing a **Disaster Emergency Kit**, you must account for the different needs of your family based on age, medical needs, and amount of family members you have.

First Aid & Medical Kit

- First aid kit & manual
- Prescription medicines (2 week supply)
- Copies of prescriptions
- Eyeglasses/Contact lenses, cleaning solution, eyeglass repair kit
- Hearing aid & batteries
- Medical support equipment (cane, walkers, wheelchairs, oxygen & tubes...etc.)
- Disposable gloves

NOTE: Needs will vary based on your family members' individual medical need.

Sanitation & Hygiene Supplies

- Towelettes, body wipes, soap & hand sanitizer
- Washcloths & towel
- Toothpaste & toothbrush
- Deodorant
- Toilet paper

Clothes & Bedding

- Complete change of clothes
- Sturdy shoes/boots
- Extra socks & underwear
- Blankets
- Sleeping bags & pillows

Important Documents & Copies

- Personal ID, Driver's License, Social Security Card Insurance Card
- Cash, Credit Cards & ATM Cards
- Birth & death certificates
- Property deed, lease, Will& insurance documents
- Contact information for doctors, pharmacist & caregiver
- Emergency contact list (family & friends)
- List of models & serial number for appliances, equipment & medical supplies

Food & Water (3-5 Days)

- Canned meat, fruit, soup, & beans
- Canned, boxed, or powdered juices or milk
- Peanut Butter, nuts, crackers, granola bars & trailmix
- Special foods for special diets

Tools & Miscellaneous

- Battery-powered radio & tv
- Cellphone, camera & chargers
- Flashlight & extra batteries
- Manual can opener
- Booster cables & tank fill of gas

Pet Supplies

- Extra food (store in waterproof containers)
- Medications & pet first aid
- Pet ID tags & medical records
- Proof of ownership (photos, chip...etc.)